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|  | | **SALFORD CYCLING CLUB**  **Present**  **AN OPEN 25 MILE TIME TRIAL**  *Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations* To be held on Saturday 25th June 2022 on the J2/9 course. |  |
| **Event HQ** | **Cranage Village Hall:** Knutsford Rd, Cranage, Crewe CW4 8EQ.  Ample parking available. Open from approx. 12.30hrs  ***First Rider off at 14.42hrs***  ***Please allow at least 20 mins. to ride to the Start*** | | |
| **Event Officials** | **Timekeepers**: Ian Ross & Martin Jackson  **Event Secretary**: Robbie Harcourt, 68 Bradford Road, Eccles, Manchester, M30 9FT  Tel. No: 0161 787 9085 Mob. No: 07713 403887 (Emergencies only on the day) | | |

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| **Prizes** | | | | |
| **Fastest Overall** | **1st Overall: £25**  **2nd: £20 3rd: £15** | | | |
| **Fastest Veteran Overall** | **1st Vet Overall: £20.00**  **2nd: £15.00** | | | |
| **Veterans on Standard**  Best Plus times | **1stV40-49: £20** | **1st V50-59: £20** | **1st V60-69 : £20** | **1st V70+: £20** |
| **2nd V40-49: £15** | **2nd V50-59: £15** | **2nd V6-69: £15** |  |
| **Fastest Club Team**  **(team of 3)** | **1st: £10.00 each Bidlake system – fastest 3rd counter.** | | | |
| **NOTE**  One Rider, one prize, except Team Award.  **This event qualifies for the Cheshire Points Series (event 12 of 20).** | | | | |

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| **Course Details**  **(J2/9)** | START  At A “JS2” mark in Bomish Lane (Jodrell Bank to Goostrey road). At a telegraph pole No 2 approx. 300yds west of the A535.  Proceed East to the A535 and forward on the A535 to:- CHELFORD ISLAND 2.169 m  2nd exit left on the A537 to Seven Sisters lane at:- OLLERTON CROSS ROADS 5.219 m  left along the lane to the A50 and left on the A50 to Twemlow Lane at:- CRANAGE 11.408 m  left into and along the lane to join the A535 at Twemlow Green, left to:- CHELFORD ISLAND 18.064 m  2nd exit left on the A537 to Seven Sisters Lane at OLLERTON CROSS ROADS 21.052 m  left along the lane to the A50 and, left on the A50 to:- FINISH 25.000 m  At a “JF2” mark opposite the right hand field gate post opposite and just before the entrance to the Mount Pleasant Nursing Home, approx 500yds past the cross roads after the Drovers Public House.  This event is preceded by the M&DLCA 25 mile TT, no’s 20-30. |

**IMPORTANT NOTE:**

Unfortunately, the event clashes with the Goostrey Rose Fair and Procession with the main road through the village, which we normally use to access the start, being closed to through traffic for a period of time.

Therefore, riders will have to ride along part of the course (Twemlow Lane and the A535 to Bomish Lane) to get to the start. Please allow sufficient time and be aware that there will be additional numbers of riders on this part of the course both competing and riding to the start.

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| **Notes** | Signing-on sheet and issue/return of race numbers, refreshments, CAKES, & finish times will be at the Event HQ.  RACE NUMBERS: Available at HQ. You must sign on when collecting your number and sign out when  returning your number. Failure to do so will result in you being classified as DNF.  As an additional courtesy and aid to the finish timekeepers, if you have breath left, it is kindly requested that you bellow your number out when crossing the line. If however you feel this may cause bodily dysfunction please refrain. The timekeepers will not be able or willing to pick your carcass up and administer mouth to mouth resuscitation after the finish line! |
| PARKING | No parking at the start or finish. Vehicles must not be parked, however briefly, in any part of the access area to Mount Pleasant Nursing Home, opposite the finish.  Riders must not stop at the finish but should continue on to the event headquarters where times will be displayed. |
| CARE AT ROAD JUNCTIONS | Riders must exercise care at all road junctions. Any competitor whose riding line causes him/her to cross the white line when approaching or leaving a junction will be liable to disqualification and may be reported to the District Committee for further disciplinary action.  A competitor who swings out to the right before executing a left turn should ensure that the road behind is clear of traffic before doing so. The practice is not encouraged by the District Committee and competitors who ride in this manner are warned that in many circumstances this manœuvre will be regarded as a contravention of regulation 19(a)(b)(d). |
| CARE EXITING SEVEN SISTERS LANE | Riders must take extra care when exiting from Seven Sisters Lane onto the A50. |
| CARE AT CHELFORD ISLAND | Riders must negotiate Chelford Island in a safe and sensible manner in accordance with CTT Reg. 20 and the rules of the road. Riders must be able to brake and stop at the island if traffic conditions require this. Riders MUST NOT approach and encircle the island using tri-bars.  Remember - traffic on the island has priority over traffic (including riders) entering it.  Any rider seen to be in breach of this regulation will be disqualified from the event and may be reported for further disciplinary action. |
| CARE IN TWEMLOW LANE | Be aware that there is a double bend shortly after turning into Twemlow Lane at Cranage. Riders need to anticipate this and be prepared to negotiate it in a safe manner.  In wet weather, the metal covers and edges become a skid risk. Please take care. |

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| OBSERVERS | **Will be present around the course and will report competitors whose riding is considered to be in breach of the Regulations.**  'U' turns‑ in the vicinity of the Start and Finish must be avoided, and any rider observed performing this manoeuvre will be reported to the District Committee and will risk disqualification from the event. |
| **Helmets**  CTT Reg 15 All competitors MUST wear a properly affixed helmet of hard/soft shell construction that meets international standards.  **Front and Rear Lights**  CTT Reg 14(i) No competitor shall be permitted to start either a Type A or Type B event unless such competitor has affixed to the rear of their machine a working rear red light, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users.  CTT Reg 14(j) No competitor shall be permitted to start either a Type A or Type B event unless such competitor has affixed to the front of their machine a working front white light, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users.  **No helmet, no lights = no ride.** | |

**Covid Precautions:**

CTT has issued a document “Covid-19 Risk Assessment 23 02 22”. If you haven’t already read this, please download from the CTT website and read carefully. https://www.cyclingtimetrials.org.uk/documents/index/covid-19

These are the key messages: -

• Whilst no longer mandatory, please maintain social distancing when possible whether riding, officiating or spectating.

• Competitors should not attend if they feel ill in ANY way especially if they or family members have any symptoms.

• Competitors and spectators are encouraged to undertake a lateral flow test prior to attending the event, and if positive they should not attend the event.

• Competitors with an elevated resting heart rate or exceptionally quick to react heart rate during warm up can suggest an underlying asymptomatic illness of ANY kind, and they should DNS and leave immediately and not go to the start line if they feel this is the case.

• The Village Hall building will be ventilated as well as possible and we advise all those entering the HQ be sensible regarding keeping a safe distance from one another.

• Face masks are now self-choice in all areas.

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| **No** | **Name** | **Club** | **Category** | **Std** | **Start time** |
| 39 | Brigid Night | Frodsham Wheelers | Tandem | 01:25:15 | 14:40 |
| 40 | Chris Hanson-Jones | 01:17:18 |
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| 42 | Vic Trigger | Crewe Clarion Wheelers | V70 | 01:17:01 | 14:42 |
| 43 | Christopher Maffei | Bury Clarion CC | V60 | 01:12:05 |  |
| 44 | Nick Bowden | Buxton CC/Sett Valley Cycles | V50 | 01:08:51 |  |
| 45 | Ian Holbrook | Stone Wheelers CC | V50 | 01:08:38 | 14:45 |
| 46 | David Griffiths | Crewe Clarion Wheelers | V70 | 01:19:15 |  |
| 47 | Andy Whitehead | Seamons CC | V50 | 01:09:59 |  |
| 48 | Stephen Sladin | Congleton CC | V50 | 01:09:03 |  |
| 49 | John Verbickas | Seamons CC | V70 | 01:17:01 |  |
| 50 | Mat Ivings | Buxton CC/Sett Valley Cycles | V40 | 01:07:51 | 14:50 |
| 51 | Tim Marshall | Seamons CC | V40 | 01:07:16 |  |
| 52 | Robert Bagot | Warrington Road Club/Horton Light Engineering | V40 | 01:07:16 |  |
| 53 | Jon Batt | Buxton CC/Sett Valley Cycles | V50 | 01:09:59 |  |
| 54 | Paul Edwards | Graham Weigh Racing-Deeside Olympic | V50 | 01:08:03 |  |
| 55 | David Parkin | Chorley Cycling Club | S |  | 14:55 |
| 56 | Philip Aspinall | North Endurance | S |  |  |
| 57 | Alan Orme | Frodsham Wheelers | V50 | 01:09:16 |  |
| 58 | Luke Taylor | Total Tri Training | S |  |  |
| 59 | George Aldridge | Birkenhead North End CC | V70 | 01:13:42 |  |
| 60 | Adrian Hughes | Seamons CC | V50 | 01:09:03 | 15:00 |
| 61 | Andrew Stokes | Buxton CC/Sett Valley Cycles | V50 | 01:08:51 |  |
| 62 | Phil Robinson | Janus Road Club | V50 | 01:08:38 |  |
| 63 | Miles Haslam | Buxton CC/Sett Valley Cycles | V60 | 01:11:05 |  |
| 64 | Ryan Walmsley | North Endurance | S |  |  |
| 65 | Tom Thornely | Buxton CC/Sett Valley Cycles | S |  | 15:05 |
| 66 | Stephen Turner | Westmead Team 88 | V60 | 01:10:47 |  |
| 67 | John Peasland | Buxton CC/Sett Valley Cycles | S |  |  |
| 68 | Graeme Mc Culloch | Stretford Wheelers CC | V60 | 01:10:14 |  |
| 69 | Mark Jones | Graham Weigh Racing-Deeside Olympic | V50 | 01:09:03 |  |
| 70 | Sam Taylor | Weaver Valley CC | S |  | 15:10 |
| 71 | Stephen Dooley | Seamons CC | V40 | 01:06:00 |  |
| 72 | Joe Rendall | Nantwich Cycling Group | S |  |  |
| 73 | Kelvin Milward | Congleton CC | V60 | 01:10:14 |  |
| 74 | Martin Bell | Total Tri Training | V50 | 01:08:15 |  |
| 75 | Tristan Pilling | University of Derby Cycling Club | E |  | 15:15 |
| 76 | Philip Gleave | Congleton CC | S |  |  |
| 77 | Michael Howard | Newcastle (Staffs) Tri Club | V50 | 01:09:03 |  |
| 78 | Peter Jackson | Macclesfield Wheelers | V60 | 01:11:44 |  |
| 79 | Tony Perrin | Stone Wheelers CC | V60 | 01:10:30 |  |
| 80 | Keith Ainsworth | Lindsey Roads Cycling Club | V60 | 01:11:05 | 15:20 |
| 81 | Mat Stephenson | Congleton CC | V50 | 01:08:51 |  |
| 82 | Daniel Mathers | Seamons CC | V40 | 01:07:51 |  |
| 83 | Chris Barlow | Holmes Chapel Velo | S |  |  |
| 84 | Matthew Collins | North Endurance | V4 | 01:06:14 |  |
| 85 | Alastair Ribbands | Congleton CC | S |  | 15:25 |
| 86 | Martin Wiggan | Seamons CC | V40 | 01:07:51 |  |
| 87 | Tim Smith | Westmead Team 88 | V40 | 01:07:28 |  |
| 88 | Mike Walker | Nantwich Cycling Group | V40 | 01:06:40 |  |
| 89 | Chris Lea | Buxton CC/Sett Valley Cycles | V60 | 01:10:14 |  |
| 90 | Alexander Royle | Manchester Bicycle Club | S | 01:17:01 | 15:30 |